

# **5 Skills to Acquire for High School**

#### **Time Management**

- 1. Create a schedule and stick to it.
- 2. Use your agenda.
- 3. Work on the most difficult assignments first.

# ABC

#### Good Study Habits

- 1. Plan a specific time for studying.
- 2. Find an uncluttered place to study.
- 3. Start studying when planned.
- 4. Go to Class and be on time.
- 5. Participate in Class.
- 6. Get missed assignments when you are absent
- 7. Respect yourself and others during Class!
- 8. Talk to your teachers!!! Communication is the KEY to SUCCESS!!

#### Organizational Skills

- 1. Learn how to prioritize
- 2. Learn how to divide and conquer
- 3. Have a plan of attack

## The Ability to Set Attainable Goals

1. Be specific

If they want to do better in math, a goal might be to raise their grade from a  $\mathsf{C}$  to a  $\mathsf{B}$ 

2. Be realistic

If they want to play a sport, making JV may be a better goal then varsity

3. Be time-sensitive

Help them understand short-, medium- and long-term goals

## Getting Involved

- 1. Volunteering
- 2. Clubs and organizations
- 3. Make sure to document all experiences